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( ) Masturbation

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422

( 26-18)

%43.2

%78

%80.6

% 34.4

%.%35.5

%87.3

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( ) Masturbation

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(%53.1)

( %63.3) .(%48)

(%41.6)

(%51.2)

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## **Study of Masturbation among Medical College Students at Damascus University**

**Youssef Latifeh\***

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### **Abstract**

This study examined the actual status of masturbation and its relationship to social activity, sexual stimuli, and means to avoid such practice.

A total of 422 medical students in Damascus University, age distribution were (18-26 year). A questionnaire had been distributed involved questions related to the study.

Questions divided in 4 subjects: the first is about the general sexual stimuli, the second is studying masturbation especially. The third is about risks of masturbation in general, fourthly is the risks somatic and affective of masturbation.

Some of results , 80.6% of male students were watching sexual films, and 78% seeing sexual photos .for female students 43.2% were watching sexual films and 34.4% were seeing sexual photos. 87.3% of male students were practicing masturbation and 35.5% for female students.

We has been found that the main motivation for this practice is to avoid sexual arousal (53.1%), the most exciting factor was watching sexual films ,over work was to reduce this practice (48%). 63.3% believe that masturbation has a sexual risk and 51.2% that masturbation will caused fatigue and debility, and 41.6% had guilt feeling after practice.

Summary: to compare the general medico sexual knowledge about masturbation in our society with the international knowledge showed the lack of knowledge.

Thus a proper and sound sex education at school during childhood and in society is needed in Syria. A large scale survey of sexual behavior in various populations is essential for the improvement of correct Sexual concepts.

**Key Words: Masturbation - sexual stimuli - sexual risk.**

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\*Instructor. Dept. of Internal Medicine, Psychiatry. Al-mowasat Hospt. Damascus University.

**: Introduction**

Masturbation

Neurasthenia

A. Kinsey

(1)

Autoerotic

(1)

(2)

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(....

(3)

(monstrous act)

(17)

(5-1)

(1:2:4:5)

(5)

(6)

**: Objective**

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(

(1)

(2)

:

-

.SPSS

**: Results**

(1000)

(640)

( %64)

(422)

**:Materials**

: - .2004

(422)

**: Method**

(%55.9 ) 236

(%44.1) 186

26 -18

(%34.8)147 :

(%56.6) 239

(%5.7)24

(%2.8)12

:

<b>%30.5</b>	<b>%26.3</b>	<b>%29.6</b>	<b>%23.7</b>	<b>%56.8</b>	<b>%19.5</b>	<b>236</b>	
<b>%8.6</b>	<b>%16.1</b>	<b>%44</b>	<b>%5.6</b>	<b>%37.6</b>	<b>%55.9</b>	<b>186</b>	

(1)

<b>%37.3</b>	<b>%15.3</b>	<b>%7.6</b>	<b>%22.9</b>	<b>%55.1</b>	<b>%18.6</b>	<b>236</b>	
<b>%12.9</b>	<b>%6.5</b>	<b>%5.4</b>	<b>%7.5</b>	<b>%26.9</b>	<b>%57</b>	<b>186</b>	

(2)

		<b>4 -2</b>					
<b>%66.1</b>	<b>%1.7</b>	<b>%27.1</b>	<b>%59.4</b>	<b>%87.3</b>	<b>236</b>		
<b>%23.7</b>	<b>%0</b>	<b>%6.5</b>	<b>%42.9</b>	<b>%35.5</b>	<b>186</b>		

(3)

<b>194</b>	<b>241</b>	<b>94</b>	<b>205</b>	<b>186</b>	<b>84</b>	<b>224</b>	<b>152</b>	
<b>%46</b>	<b>%57.1</b>	<b>%22</b>	<b>48.6%</b>	<b>%44.2</b>	<b>%19.9</b>	<b>%53.1</b>	<b>%36</b>	

(4)

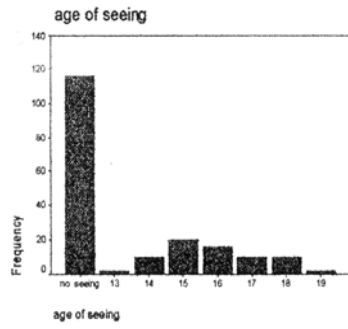
<b>216</b>	<b>102</b>	<b>99</b>	<b>164</b>	<b>67</b>	<b>276</b>	<b>146</b>		
<b>%51.2</b>	<b>%24.2</b>	<b>%23.5</b>	<b>%38.9</b>	<b>%15.9</b>	<b>%63.3</b>	<b>%36.7</b>		

(5)

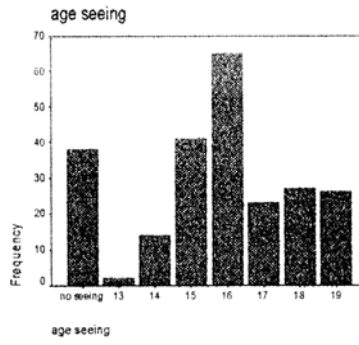
<b>112</b>	<b>114</b>	<b>176</b>	
<b>%26.5</b>	<b>%27</b>	<b>%41.6</b>	

(6)

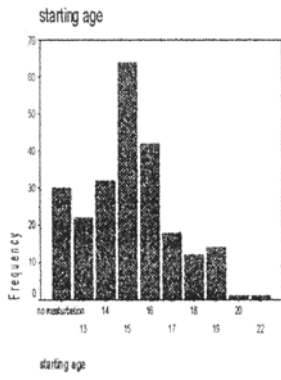




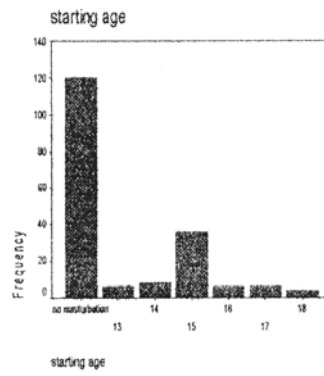
(8)



(7)



(10)



(9)

	-0.3 < R < 0.3+	-	
:R	0.3 < R ≤ 0.7	(%41.5)	98
:R	0.7 ≤ R ≤ 1.0	(%18.3)	34
SPSS			

:

:

:

-

:

.(P< 0.01 ) 0.645 = R

Pearson Correlation )

.(Coefficient

-

(1- 1+)

.(P< 0.01 ) 0.510= R:

-

.

(0.05 )

:

.(P< 0.01 ) , 0.515 = R

:

:

R -

؛  
(P< 0.01 )، 0.448=R

؛  
(P< 0.01 )، 0.464 = R

(P< 0.01 )، 0.225 = R

(P< 0.01 )، 0.416 = R:

؛  
(P< 0.01 )، 0.297 = R

؛  
(P< 0.01 )، 0.564 = R

%41

% 27

)  
؛(  
(P< 0.01 )، 0.358 = R

(4)

**: Discussion**

؛  
(P< 0.01 )، 0.661 = R

( )

medicalisation

(9,11)

(8)

- 13

18-13)

( 19 % 87.3

10, 8

% 35.5

( 3 )

( 18-15)

(10)

1998

- (%98)

(% 75 )

%44.2 ) (%44) (%74)

(

(4)

Leitenberg

(11)  
(% 51.2)  
(%24.2) .(7.8.9.10)  
- 5 -  
%41 (%46) (%57.1)  
.(%22)  
(13) %10.9  
.(P< 0.01 ), 0.448=R)

**:Conclusion**

(%63.3)

-5 -

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.

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(12)

(2)

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